# HRA EMAIL DRAFT

Good Day,

It is time to fill out this year’s Health Risk Assessment 2.0. This survey is anonymous. No specific or individual responses are included in the command reports. It is intended to:

* Identify your health risks.
* Provide credible web-based sources of health information.
* Encourage and empower you to better manage your personal health.
* Serve as a tool for dialogue with a health care provider, if so desired.

It also helps your Health Promotion and Wellness Team plan programs that will best suit your concerns.

**To complete the survey you will also need**:

* **UIC:**
* **Link:** <https://surveys.max.gov/911272?lang=en>

The goal of health promotion and wellness is to help you learn about behaviors that will help you stay healthy well into the future. We appreciate your completing this survey.